



The flu vaccine is safe and will help protect you and your loved ones from influenza this winter. The flu vaccine won't protect you against COVID-19 but can help families avoid getting both viruses at the same time.

It's particularly important for children to be vaccinated, as they are more likely to contract influenza and spread it around. They're also at a higher risk of serious complications if they get sick.

The flu vaccine is free in the ACT for:

- children aged 6 months to under 5 years
- pregnant women
- all Aboriginal and Torres Strait Islander people aged 6 months and older
- people aged 6 months and older with some medical conditions such as severe asthma, heart or lung disease, diabetes or weakened immune systems
- people 65 years of age and older.

Some immunisation providers may charge a consultation fee for administering the vaccine – you should check this at the time of booking. If you're not eligible for a free vaccine, you can still get vaccinated through immunisation providers including GPs and pharmacies.



ACT
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ACT Health

health.act.gov.au/flu

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vaccine