

Ngunnawal Primary School Year 1 Life Skills Learning Matrix



Tying shoelaces	Being social	Ball	Cooking
Learning Intention:	Learning Intention:	Learning Intention:	Learning Intention:
I can tie my shoelaces.	I can talk to family members about our day.	I can bounce a ball and count how many times it bounces.	I can help an adult cook a meal.
Success Criteria:	Success Criteria:		Success Criteria:
I can tie my own shoelaces.	I can ask someone how their day was.	Success Criteria:	I can plan a meal to make with a family
	I can listen to their answer.	I can bounce a ball multiple times in a row.	member.
Learning Task:		I can count how many times the ball bounces.	I can help cook your meal.
Put on your socks and shoes. Get an adult to	Learning Task:		
show you how to tie your shoelaces then	Make afternoon tea for someone and ask	Learning Task:	Learning Task:
practice on your own.	them how their day was.	Bounce a ball and count how many times you	Help an adult cook a meal. Send your teacher
		can bounce it in a row. Can you beat your	a photo of the final product!
		personal best?	
		Challenge: How can you record your results?	
Puzzles	Fine Motor	Puppets	Home drawing
Learning Intention:	Learning Intention:	Learning Intention:	Learning Intention:
I can make a puzzle.	I can open a packet of chips and a yoghurt	I can make a puppet and put on a show for	I can draw a picture using colours.
	pouch on my own.	someone.	
Success Criteria:			Success Criteria:
I can draw a picture.	Success Criteria:	Success Criteria:	I can use materials to draw a room in my
I can cut it up.	I can open a packet of chips.	I can create a puppet.	home.
I can put it back together again.	I can open a yoghurt pouch.	I can create a stage for my puppets.	
		I can make a show for someone.	Learning Task:
Learning Task:	Learning Task:		Find an interesting spot in your home or a
Draw a picture with colour on a piece of	Practise opening a yoghurt pouch and a	Learning Task:	place with a nice view. Draw a picture of what
paper, cut it up into puzzle size pieces. Help a	packet of chips on your own.	Find an old sock and make a puppet. Create a	you can see.
family member put it back together.	Challenge: What else can you open that is	show for someone and perform it to them.	
	difficult?	Feel free to take a picture or a video and send	
		it to your teacher!	
		Note: What else can you make a puppet out of?	
Dance Routine	Lego	Cosmic Kids	Learn how to make your bed.

Learning Intention:	Learning Intention:	Learning Intention:	Learning Intention:
I can make up a dance routine to my favourite	I can create a structure using lego or blocks.	I can follow a cosmic yoga video.	I can make my bed.
song.		I can create my own yoga poses.	
	Success Criteria:		Success Criteria:
Success Criteria:	I can use lego or blocks to create a structure.	Success Criteria:	I can make my bed on my own.
I can make up a dance routine.	I can explain what makes my structure	I can follow the video's instructions.	
I can perform my dance routine.	interesting.	I can create my own yoga poses.	Learning Task:
I can teach my dance routine to others.			Ask someone in your household to teach you
	Learning Task:	Learning Task:	how to make your bed.
Learning Task:	Create a structure using lego or blocks. Explain	Follow along to one of the videos on cosmic	Can you do this by yourself?
Find your favourite song and make up a dance	what makes it interesting.	yoga by accessing this link.	Challenge: Clean your room. How many days
routine. Teach your family the dance. Record	Challenge: What else can you make from lego	What yoga poses can you create with your	can you keep it tidy for?
and send to your teacher!	and blocks?	family?	
Insect Hunt	Toy House	Washing	Drama
Learning Intention:	Learning Intention:	Learning Intention:	Learning Intention:
I can search for insects in my garden.	I can make a house for one of my toys.	I can wash clothes.	I can read a book.
I can research information about them.			I can act out the story.
	Success Criteria:	Success Criteria:	
Success Criteria:	I can use materials around my house to create	I can wash clothes.	Success Criteria:
			1
I can find insects in my garden.	a home for my toy.	I can hang out clothes.	I can read a book to myself.
I can draw the insects I find.		-	I can read a book to myself. I can act out what happened in the story.
	Learning Task:	Learning Task:	I can act out what happened in the story.
I can draw the insects I find.	Learning Task: Find objects around your home and make a	Learning Task: Help your family do the washing. What steps	I can act out what happened in the story. Learning Task:
I can draw the insects I find. I can find information about the insects. Learning Task:	Learning Task: Find objects around your home and make a house for it. For example, cushions, books,	Learning Task: Help your family do the washing. What steps do you need to take?	I can act out what happened in the story. Learning Task: Read a book that you are familiar with. Act
I can draw the insects I find. I can find information about the insects. Learning Task: Find insects in your garden. Draw the insects	Learning Task: Find objects around your home and make a	Learning Task: Help your family do the washing. What steps do you need to take? Use pegs and hang it outside on the	I can act out what happened in the story. Learning Task: Read a book that you are familiar with. Act out what happened in the story. Remember to
I can draw the insects I find. I can find information about the insects. Learning Task: Find insects in your garden. Draw the insects you find.	Learning Task: Find objects around your home and make a house for it. For example, cushions, books,	Learning Task: Help your family do the washing. What steps do you need to take?	I can act out what happened in the story. Learning Task: Read a book that you are familiar with. Act out what happened in the story. Remember to include the beginning middle and end. What
I can draw the insects I find. I can find information about the insects. Learning Task: Find insects in your garden. Draw the insects you find. Find some information about the insects using	Learning Task: Find objects around your home and make a house for it. For example, cushions, books,	Learning Task: Help your family do the washing. What steps do you need to take? Use pegs and hang it outside on the	I can act out what happened in the story. Learning Task: Read a book that you are familiar with. Act out what happened in the story. Remember to include the beginning middle and end. What are the differences in the characters and the
I can draw the insects I find. I can find information about the insects. Learning Task: Find insects in your garden. Draw the insects you find. Find some information about the insects using books and the internet.	Learning Task: Find objects around your home and make a house for it. For example, cushions, books,	Learning Task: Help your family do the washing. What steps do you need to take? Use pegs and hang it outside on the	Learning Task: Read a book that you are familiar with. Act out what happened in the story. Remember to include the beginning middle and end. What are the differences in the characters and the different settings in the story?
I can draw the insects I find. I can find information about the insects. Learning Task: Find insects in your garden. Draw the insects you find. Find some information about the insects using books and the internet. Share some facts with your teacher about	Learning Task: Find objects around your home and make a house for it. For example, cushions, books,	Learning Task: Help your family do the washing. What steps do you need to take? Use pegs and hang it outside on the	Learning Task: Read a book that you are familiar with. Act out what happened in the story. Remember to include the beginning middle and end. What are the differences in the characters and the different settings in the story? Challenge: Think of an alternative ending to
I can draw the insects I find. I can find information about the insects. Learning Task: Find insects in your garden. Draw the insects you find. Find some information about the insects using books and the internet.	Learning Task: Find objects around your home and make a house for it. For example, cushions, books,	Learning Task: Help your family do the washing. What steps do you need to take? Use pegs and hang it outside on the	Learning Task: Read a book that you are familiar with. Act out what happened in the story. Remember to include the beginning middle and end. What are the differences in the characters and the different settings in the story?