

2023 P&C News - Newsletter Term 1 Week 1

Welcome to your P&C update. Remember, to get in touch with us on any of the announcements below, send us a message on [Facebook](#) or email us at ngunnawalpandc@gmail.com. Don't forget we're also on [Instagram](#)!

Is that you on the P&C Committee in 2024??

We have some upcoming vacancies on your P&C Committee next year, please get in touch if you'd like to get involved - lots of handovers (and handholding!) included.

See below and feel free to drop into our meetings this term during weeks 4 & 9:



We need you! Referendum BBQ Saturday 14 October

We are keen to host a BBQ at the school this coming Saturday for the referendum. BBQs are always a major fundraiser for us and at the moment the event is understaffed.

To help us go ahead, please flick us a Facebook message or email us if you can do a shift on Saturday selling or cooking! We'll make a call by Wednesday this week if it'll go ahead or not.

Mangoes Mangoes Mangoes!

Don't forget! If you love mangoes, your chance to indulge in fresh juicy Kensington Pride mangoes and to support our fundraising drive is closing soon. We are selling trays of mangoes picked and packed during the premium harvest.

Our supplier has reported a low crop yield this year - each tray will therefore weigh approx 4.5kg. Given the expected high supermarket prices and limited quantities this year - our mango drive is a great way to secure your supply!

Cost per tray is: \$25.00.

Place your order by: 23rd October 2023



Celebrating our Year 6 Students - DISCO

We are pleased to announce that the P&C will organise and pay for a Disco celebration for our year 6 students! This is our way of saying congratulations and to have a dance + meal on us. The Disco is scheduled for Wednesday 13 December - look out for more information coming soon, we'd love to see as many Year 6 parents there too to assist us and have a boogie!

Our Canteen - Updated menu and price increase

Our most important role at the P&C is to run the school canteen 5 days a week as a healthy and cost-effective option for our community. It won't be a surprise to you that grocery costs have gone up in recent times and after keeping the prices the same all year, we now need to slightly increase in line with our own costs.

Ngunnawal Primary School

Canteen Menu 2023

Hot food		Sandwiches & Wraps		Fresh/Frozen Treats	
Corn on the Cob.....	\$1.30 ● GF	Cheese (Low fat tasty cheese).....	\$2.70 ●	Fresh Piece of Fruit.....	\$0.60-\$1.00 ● GF
Garlic Bread	\$1.20 ●	Cheese and Tomato	\$3.20 ●	Fruit Juice Jelly	\$1.60 ●
Honey Soy Chicken and Rice.....	\$5.50 ●	Salad.....	\$4.00 ●	Yoghurt.....	\$1.50 ●
Spaghetti Bolognese*	\$5.50 ●	Lettuce, tomato, carrot, cheese		Blueberry or strawberry	
Vegetarian Pasta*.....	\$3.20 Sml \$4.20 Lrg ● V H	Chicken & Salad	\$4.50 ●	Frozen Milo Pop	\$1.00 ●
Add Cheese.....	\$0.50	Chicken, Cheese & Tomato	\$4.50 ●	Quelch Icy Pole.....	\$0.60 ●
*Gluten free pasta available on request.		Chicken, Cheese & Mayo	\$4.50 ●	Frozen Juice Cup	\$1.00 ●
Mac and Cheese	\$5.50 ● V H	Tuna & Salad	\$4.50 ●	Orange or Apple Blackcurrant	
Chicken Nuggets x 6.....	\$4.80 ● H	Tuna, Lettuce & Mayo.....	\$4.50 ●	Paddle Pop	\$2.00 ●
Chicken Nuggets x 4.....	\$3.80 ● H	Tuna, Cheese & Mayo.....	\$4.50 ●	Rainbow or Chocolate	
Chicken Burger.....	\$7.50 ● H	Want it Toasted? Just Add \$0.50		Frozen Yoghurt.....	\$2.50 ●
Lettuce, Cheese, Mayo (Mon-Thurs Only)		Whole meal bread is used unless requested otherwise		Frozen Pineapple Ring	\$0.60 ●
Pizza Single Ham and Pineapple	\$5.20 ● H	Salad Boxes		Frozen Fruit.....	\$0.20 ●
Sausage Roll	\$4.20 ●	Salad Box.....	\$5.50 ● V GF H	Watermelon, Orange, Banana, Grapes	
Beef Pie.....	\$5.20 ●	Lettuce, tomato, carrot, cheese		Freshly Baked Snacks	
Hash Brown (Mon-Thurs Only).....	\$1.60 ● V H	Chicken Salad Box	\$6.50 ● GF	Popcorn	\$0.50 ● GF
Sauce (Tomato or BBQ)	\$0.60	Tuna Salad Box.....	\$6.50 ● H GF	Anzac Cookie.....	\$0.50 ●
		Drinks		Banana Bread.....	\$1.00 ●
		Bottled Water	\$1.50 ●	Brownie.....	\$1.00 ●
		Oak Lite Flavoured Milk (300ml)			
		Chocolate or Strawberry	\$2.50 ●		
		Plain Full Cream Milk (300ml)	\$1.50 ●		
		Plain Milk plus a Sipppa Straw (Various)	Add \$0.70 ●		
		Fruit Juice	\$2.00 ●		
		Apple Blackcurrant, Apple or Orange			

Our canteen is proudly run by the Ngunnawal Primary P&C Association. Email - ngunnawalpandc@gmail.com Phone - 6142 1520

Frozen items on lunch orders need to be collected by students during play time by bringing lunch order bags to the counter.

Counter sales are open during recess and lunch. Items are sold depending on availability.

Code: ●= Green (everyday foods), ●= Amber (sometimes foods), GF=gluten-free, H=halal, V=vegetarian.

 flexischools has been updated, use your app to check the menu and order your lunch orders.

Remember: Canteen orders need to be in by 9:30 am each day.

Volunteers are always welcome at the canteen - get in touch if you'd like to help out!

Trivia Night - Thank you for your support!

Our September trivia night was a great success with over 50 people in attendance. Our trivia host Wes (Venue Events) brought the energy to the event, and it was such a fun night!

We could not have done it without the generosity of local business who donated to the event, a massive thank you too:

- Canberra Indoor Rock Climbing
- Jeir Creek Wines
- Bike Culture, Gungahlin
- Poetry in Flowers
- FishCo
- Hair by Jaime
- Bunnings
- La Rosa Dolce
- Priceline Gungahlin
- Nutrimetics Australia

Please support our community sponsors and we look forward to seeing you at next year's event!



Second hand School Uniform Shop & Sustainable Uniforms

The second-hand Uniform shop is open every Wednesday from 9am - 10am. Pop by the canteen and ask for Kat. Items are \$1 - \$5 and card or cash payments are accepted. Follow us on Facebook for regular updates.

We happily accept donations of second-hand uniforms in good condition. We cannot accept clothing that is marked, discoloured, broken buttons/zips, or items that are not Ngunnawal colours.

Labelled lost property is returned to classrooms every Wednesday - **please label everything!** Contact Kat directly if you have any questions - 0417 393 887

Remember, we also have sustainable, comfortable hemp school uniform options for you to check out! Available to try on are sizes 3 - 16, all with Ngunnawal logo. We have very limited stock on hand to sell for \$32.95.

Come and see Kat on Wednesday between 9am - 10am at the canteen.

Lost Property Reminder

All labelled lost property is returned to classrooms weekly. Unlabelled and unclaimed school uniforms will be donated to the Second-hand School Uniform Shop in weeks 5 and 10.

Book club

Issue 7 orders will close on 26 October. Online orders are open, and the paper catalogues are on their way shortly!

The Book club is running low on volunteers. If you are able to spare a little time, we would love to have you on board. Does stamping catalogues or sorting orders sound like you? You can do some of this from your own home too - winning!

Coming soon - Ngunnawal Community Day!

On Saturday 18 November there will be a Ngunnawal Community Day held on the Ngunnawal Oval next to our school. Loads of stalls, food and festivities to have fun with the whole family! More information to come - watch this space.