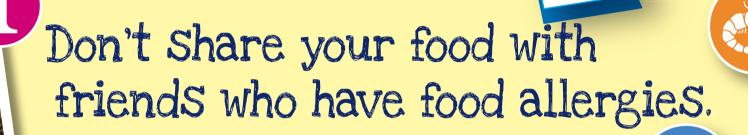
## How to help keep





Know what your friends are allergic to.

If a schoolmate who has allergies becomes sick, get help straight away. (Even if they don't want you to.)

