



Bushfires, hail, home schooling, lockdowns and the pandemic have been tough on all of us - but especially on children, young people and their parents/carers.

FREE PARENTING SUPPORT FOR ACT & REGION FAMILIES

Call 02-6287 3833 for:

- **advice and information,**
- **one-on-one phone counselling or**
- **to book a face-to-face/zoom session.**



Parentline ACT

02 6287 3833

parentlineact.org.au

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