

JUNIOR DEVELOPMENT

PROGRAM

GUNGAHLIN CATS are calling all juniors 16 years old and under, in and around Canberra! Expressions of interest are now open to join us for an 8-week touch football skills development program.

This 8-week program will help develop:

- Touch knowledge
- Field rules
- Goal setting
- Agility
- Ball skills
- Rucking patterns
- Diving techniques
- And much more!

The program will include a 2hr session each week for 7 weeks, leading into a final GALA and FAMILY FRIENDLY day on the 8th week for the children to showcase their skills!

Don't miss out! Come be a part of the largest touch football club in the ACT!

Questions? Email us at NinjaCatsTFC@hotmail.com



Register your interest at bit.ly/E0IJuniorWinterProgram2021