



# Webinar for Parents

of 2 - 12 year olds

A webinar for parents to learn simple strategies to reduce anxiety and build resilience in your child

**ENROL NOW!**

## NO SCAREDY CATS

This interactive webinar offers parents of 2-12 year-olds reliable and easy-to-implement strategies to help parents identify and challenge anxious behaviours and build resilience in their child.

Presented by Michael Hawton, MAPS.

Held over 3 interactive webinar sessions

**Wednesdays 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> August 2021**

**From 6.30 - 8.45 PM AEST**



Over 3 sessions you will learn to:

- Identify and combat your child's anxious behaviours.
- Learn simple strategies to reduce anxiety.
- Build resilience in your child for greater social and academic success.
- Improve your parenting confidence and family bonds.

*Tickets on Sale*

~~\$99~~ per person

**\$59**

*"Good for learning practical aspects of parenting regarding building resilient kids - All with a neat scientific background to assist in understanding."* **RHEA, PARENT.**

*"Very practical, user-friendly evidence based information to support parents, so they can better support their children."* **TRACEY, SCHOOL PRINCIPAL**

Join over 110,000 parents who have already participated in our courses

Recommended by child & family specialists

<https://www.parentshop.com.au/no-scaredy-cats-for-parents/>