



Circle of Security
INTERNATIONAL™
Early Intervention Program for Parents & Children

Ngunnawal Primary School will be partnering with Marymead to deliver the '**Circles of Security Parenting**' workshop in Term 1, 2021.

The Circle of Security is a relationship-based, early support program designed to enhance attachment security between parents/caregivers and children. Decades of research has confirmed that secure children have increased empathy, greater self esteem, better relationships with parents and peers, and increased capacity to handle emotions more effectively. The Circle of Security program enables parents and caregivers to understand and recognise their child's emotional needs, develop an increased awareness of their responses to their child and expand their moment to moment parenting choices, and manage emotional & behavioural difficulties as well as developing skills to parent effectively with confidence.

We currently have a few spaces available. If you are free on Wednesday mornings for an 8 week period, please contact Nat Munoz to register your interest.

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Priority will go to parents who have not participated in the program previously.