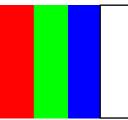
## Term 3, Week 7 – Wednesday



## **Physical Education**

- 1. Students and teachers are to wear SPORT CLOTHES!
  - Your favourite sport team or your school sport house colour



- 2. Every class will participate in a session of physical activity throughout the day!
  - A class game or walk, providing sporting equipment for students to have free choice
- 3. Lunch time soccer game with teachers playing!





## Health

- 1. It is a NUDE foods day! So that means no packaging for your recess and lunch!
  - Please bring healthy food such as fruit & veg, sandwiches and healthy snacks
- 2. Classes will complete an activity on healthy eating throughout the day!

